Cameron-k Garrett RXN, C.S.-BC



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**Employment History**

### University of Colorado Denver, ARTS/RFW Oct. 2014 to present

### • I work eight hours a week providing psychiatric, and substance use disorders evaluations. I provide diagnosis and treatment. I follow the patients once every two weeks and prescribe and manage psychotropic medications and Buprenorphine/Naloxone as appropriate.

### I am the liaison between our patients and other providers, i.e. Sheridan Family Health Clinic.

### Sheridan Health Services

**University of Colorado Anschutz Medical Campus** Jan 2021 to July 2021

Provided Psychiatric services to adult patients referred to me by Clinicians at Sheridan

Family Health Clinic, one day a week.

### Denver University Graduate School Of Professional Psychology

###### May 2012 to October 2014

* Six hours a week providing Psychotropic evaluations for the patients and consultation to the therapists

**Colorado Assessment and Treatment Center** June 1 2012 to Jan 2013

* Evaluated, prescribed, and managed Psychotropic medication for patients in Community Corrections.

**Cameron-k Garrett, RXN, C.N.S. (Private Practice)** *July 1998 to present*

## Clinical Nurse Specialist with prescriptive privileges

##### Denver, Colorado

* Provide psychotherapy for patients 18 years and older.
* Psychopharmacological consultation for individuals 18 years and older
* Prescribed and managed psychotropic medications

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**Colorado Coalition for the Homeless** Sept. 2008 to June 2011

Stout Street Clinic, Denver CO

* Provide psychiatric evaluations and medication management for homeless patients.

#### The University of Denver Health and

**Counseling Center**

Denver, Colorado

March 2007 to June 2008

* Provided psychiatric evaluations and medication management.

#### Colorado Counseling Professionals

Westminster, Colorado

June 2001 to December 2003

* Provided psychiatric evaluations and medication management.

#### Psychotherapy Provider Network

Lakewood, Colorado

July 1999 to June 2001

* Provided psychiatric evaluations and medication management.

#### Psychiatric Nurse Specialists, Inc.

Denver, Colorado

January 1994 to July 1999

* Corporate member of a private practice group, which provided individual, group, couple, and family therapy to adults and adolescents.
* Provided psychotropic medication evaluations, education, and management.

#### Jeremy A. Lazarus, M.D.

Englewood, Colorado

April 1989 to Dec 1993

* + Provided psychotherapy for adult and adolescent patients in addition to couples and family therapy.
  + Led three adult psychotherapy groups.
  + Evaluated patients for psychotropic medications under the supervision of Jeremy A. Lazarus, MD.

#### Boulder Community Hospital

Boulder, Colorado

April 1987 to April 1989



* + Initially a charge nurse and team leader on a 17-bed in-patient milieu for psychiatric
  + Responsible for managing the evening milieu.

• Led the case conferences and evening treatment planning sessions

• Supervised the evening staff

• Interfaced with the physician, all other hospital departments, and family members of patients

• Presented in-services related to milieu management and psychotherapy

• Participated in the educational process for the staff formally at staff meetings and in-services, and informally during the working hours

• Member of the nursing leadership for all shifts

**Boulder Psychiatric Institute**

**Boulder, Colorado** June 1984 to April 1987

Member of nursing leadership to represent evening shift for a long-term mixed milieu of adults and adolescents, a unit that became a long-term adolescent unit of 20 patients

• Coordinated the evening shift and managed the milieu along with four other RNs on a rotating leadership basis

• Developed treatment care plans, implemented patient care, and interfaced with families -participated in reconstructing a schedule and program to meet the needs of the patient population

**Porter Memorial Hospital May**  1983 to May 1984

**Denver, Colorado**

• Staff R.N. on a 33-bed psychiatric care unit including adolescents and adults

• Responsibilities included individual therapy sessions, facilitation of group therapy, knowledge of psychiatric medications, and an extensive understanding of psychopathology

• Communication with other team members, physicians, and family members was important to maintain continuity of care

• Employed my skills and knowledge of victimology to teach a class offered to the community called "Victims of abuse"

**Presbyterian St. Luke's Hospital**

**Denver, Colorado**  February 1981 to February 1983

Initially, an R.N. in a three-hospital float pool spent most of the time in specialty areas, such as obstetrics, cardiovascular medicine, and psychiatry.

• Full-time charge nurse on a twelve-bed psychiatric during last year there.

• Responsible for psychotherapy, providing a therapeutic milieu that incorporated knowledge of group process and management -

• Facilitated team member communication and support

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**Routt Memorial Hospital Extended Care Center** Oct. 1979 to Oct. 1980

Steamboat Springs, Colorado

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Assistant Director of Nurses and Resident Manager

• Coordinated all center activities including in-services, care conferences, patient­ related problems with families, doctors, and the community

• Conducted personnel-related activities such as interviewing, hiring, performance and salary review, and scheduling of nursing staff

**Rose Medical Center**

Denver, Colorado January 1979 to June 1979

• Staff nurse on a high-risk antepartum unit

• Applied skills necessary to high-risk antepartum and complicated postpartum treatment

• Emphasis on teaching the care and development of newborns

• Counseling in the problems related to difficult childbirth

**York Street Center**  October 1975 to December 1978

Denver, Colorado

• Crisis Counselor for a federally funded organization for victims of crime

• Emphasis on providing services and counseling for battered women and sexual assault victims

• Utilized a wide range of clinical skills while facilitating individual therapy sessions, crisis intervention, group and family therapy

• Used administrative skills in program development and integration of community needs with grant guidelines

• Facilitated community outreach and education aimed at the reduction of violent crimes

• Supervised the recruiting and training of volunteers

**St. Anthony's Hospital**

Denver, Colorado September 1974 to September 1975

Staff R.N in psychiatric inpatient setting

• Responsibilities included individual therapy sessions, group therapy, and knowledge and administration of psychiatric medication

• Knowledge of psychopathology and the appropriate psychotherapy was required

**Presbyterian Medical Center** May 1973 to May 1974

Denver, Colorado

Staff nurse on a post-coronary care unit

• Duties included interpreting telemetry and knowledge of cardiovascular medicine

• Teaching and counseling to assist the patient in adjusting to a new disability

**Chula Vista Community Hospital**

Chula Vista, California June 1970 January 1973

Part-time nurse's assistant, while in school

• RN in the emergency room

**Education**

University of Colorado Health Sciences Center

Master of Science, Adult Psychiatric Mental Health Nursing December 1989

San Diego State University

Bachelor of Science in Nursing (B.S.N) June 1972

**Certifications**

Clinical Specialist in Adult Psychiatric Mental Health Nursing

Certified by the American Nurses Association initially 1992, recently renewed 2022 expires in 2027

Prescriptive Privileges since June 1998

Colorado State Board of Nursing

**Professional Organizations and Activities**

American Nurses Association member since 1989

Colorado Nurses Association member since 1989

Colorado Advanced Practice Psychiatric Nurses member since 1989

Chairperson for Fall Institute for Psychiatric Advanced Practice Nurses 2016-2020

University of Colorado Denver, College of Nursing, preceptor 2009-2018

Preceptor for PMHNPs from various online universities 2018 to present